



Supply List: Mark Chatov Workshop

Paints:

- Titanium White
- Cadmium yellow light
- Cadmium yellow medium
- Cadmium green light
- Yellow Ocher
- Cadmium red light
- Cadmium red deep
- Thio violet or Alizarin crimson
- Quinacridone red
- Permanent Violet Deep
- Cobalt violet light (optional)
- Cerulean blue or Severs blue
- Viridian
- Ultramarine blue
- Transparent brown oxide

The paints are in the order that they should be placed on your palette.

Artist's Suggestion- Gamblin oil paints. Grumbacher makes the Thio violet. Another substitute for Alizarin crimson is Quinacridone violet. Severs blue is made by Rembrandt as is Permanent violet deep and Transparent brown oxide.

- Medium: OMS (odorless mineral spirits) Gamblin's Gamsol preferred
- Liquin or Gamblin thin medium for oils

Canvas or primed panels (Recommend 11x14 for the alla prima)
(20x24 for the long pose)

Brushes: Filbert long bristle #'s 2,4,6,8,&10

Palette: **No paper palettes please.** A good piece of Masonite Board primed with polyurethane is sufficient. A good and sturdy portable easel is needed.

- Metal Mixing cups
- Trash bags
- Paper towels
- Portable easel
- Taboret or TV dinner tray

Suggested Reading:

- *The Art Spirit* by Robert Henri
- *The Artist Way* by Julia Cameron

Required Reading:

- *Constructive Anatomy* by George Bridgeman