

Kristopher Meadows Workshop

SUPPLIES

Oil Paints*

I recommend M. Graham oil colors above all other brands of oil paint. However I will accept Rembrandt, Grumbacher "Pre-Tested" or LeFranc brand oil paints as well. My preferred Titanium white (150ml tube) is manufactured by M. Graham & Co. (available at Binders).

- Titanium White - 150 ml tube
- Cadmium Yellow Light - 40 ml tube or larger (Cadmium barium yellow pale in Grumbacher brand Pre-tested oil paints)
- Yellow Ochre - 40 ml tube or larger
- Cadmium Orange - 40 ml tube or larger
- Cadmium Red Light - 40 ml tube or larger
- Transparent Red Iron Oxide - 40 ml tube or larger
- Quinacridone Rose - 40 ml tube or larger (Thalo Red Rose in Grumbacher brand Pre-tested oil paints)
- Ultramarine Blue - 40 ml tube or larger
- Pthalo Blue - 40 ml tube or larger (Thalo Blue in Grumbacher brand and Pthalo Blue Green Shade in Winsor & Newton brand artist oil paints)
- Pthalo Green - 40 ml tube or larger

*Buy only artist quality paints not student grade. Moderately priced artist grade paints include Daler-Rowney Artist grade paints (not Georgian), Gamblin (not "sketching oils"), Grumbacher Pre-tested Oils and Rembrandt Oils (not Van Gogh). Higher end artist grade paints include Old Holland, Holbein, Schmincke and Sennelier.

Brushes

I prefer filbert shaped brushes that are made from ox hair (off white in color and somewhat stiff).

They are flat and chisel-like in a profile view but have rounded edges when viewed from the front of the brush. Several different manufacturers supply these types of brushes including Daler-Rowney, Princeton, Winsor & Newton and others including my personal favorites made by The Silver Brush Company (available at Binders Art Supply Store) called Grand Prix series 1003 and Silverstone series 1103 brushes.

- Grand Prix series 1003 or Silverstone series 1103 (made by The Silver Brush Company), sizes 1, 2, 4, 6, 8, 10 and 12 (at least one of each size)
- Renaissance Sable Cat's Tongue series 7110 (The Silver Brush Company), sizes 2 and 4 (at least one of each size)

Paint Thinner and container

- Gamsol (made by the Gamblin company) or Turpenoid in the white and blue can, no Turpenoid Natural please, it has a very unpleasant odor and is sticky!
- Silicoil jar - a short wide mouth jar with a metal coil at the bottom, fill with Gamsol or Turpenoid to 3/4" above coil and "run" brushes back and forth over coil to help loosen paint from bristles.

Paint Medium

·Walnut Oil (slow drying - 4 to 7 days) or Walnut Alkyd Medium (fast drying - overnight) by M. Graham & Co.

Canvas Boards

·4 - 6 no smaller than 11" x 14" or larger than 16" x 20" boards.

Stretched Canvas

·2 - 3 stretched canvases no smaller than 11" x 14" or larger than 18" x 24"

Additional Supplies

- Masterson Palette Seal (for storing paints during and after the painting process)
- 1 - 12" x 16" Oil Painting Palette Pad OR 12" x 16" tempered glass palette (for putting paints out onto for paint mixing, this stays inside the Masterson Palette Seal at all times, make sure to purchase a pad containing sheets where one side is glossy. Do not purchase Fredrix brand palette paper in a pad.)
- Small metal painting palette cup or jar for holding walnut oil
- 2 Palette knives - one small (approx. 1" from tip to "heal" of knife), one medium (approx. 1 1/2" - 2" from tip to "heal")
- Tackle box for storing and transporting supplies
- B&J Master's Brush cleaner for cleaning brushes at the end of the painting session
- Paper towels - Viva and Bounty are the best!

Suggested Reading

A Step-By-Step Guide To Drawing The Figure by John Raynes (http://www.amazon.com/Step-By-Step-Guide-Drawing-Figure/dp/0891347941/ref=sr_1_1?ie=UTF8&qid=1309456715&sr=8-1)

Complete Anatomy and Figure Drawing by John Raynes (http://www.amazon.com/Complete-Anatomy-Figure-Drawing-Raynes/dp/0713490365/ref=sr_1_1?s=books&ie=UTF8&qid=1309456788&sr=1-1)

Drawing & Painting People: An Easy-To-Follow Guide to Successful Portraits by John Raynes (http://www.amazon.com/Drawing-Painting-People-Easy-To-Follow-Successful/dp/1581800029/ref=sr_1_3?s=books&ie=UTF8&qid=1309457302&sr=1-3)

Suggested Viewing

Video Download: Drawing & Painting People with John Raynes: Anatomy of the Body, Part 2 (<http://www.northlightshop.com/product/video-download-drawing-and-painting-people-with-john-raynes-anatomy-of-the-body-part-2>)

Video Download: Drawing & Painting People with John Raynes: Approaching Portraits with Confidence, Part 1 (<http://www.northlightshop.com/product/video-download-drawing-and-painting-people-with-john-raynes-approaching-portraits-with-confidence-part-1>)

Video Download: Drawing & Painting People with John Raynes: Capture the Nature of Hair and Skin, Part 3 (<http://www.northlightshop.com/product/video-download-drawing-and-painting-people-with-john-raynes-capture-the-nature-of-hair-and-skin-part-3>)