

TRADITIONAL OILS, WATER-SOLUBLE/WATER-MIXABLE OILS or ALKYD OIL SUPPLIES
Suggested Supply List – 2015

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Bring your usual oil painting supplies—here are mine:

COLORS

Here is a very pared-down list of “standard” colors that provide a balanced palette. This is a *SUGGESTED* list only – please use your own favorites! I use mostly Holbein DUO Aqua Oils – the colors listed below are available in “DUO” and most other brands as well, and provide a good starting palette of colors with both warm and cool versions of the three primary colors. If you want to know *exactly* which brands and colors I use, please refer to the expanded list which is on page 2. The 7 shown in **red** are a good minimal starting palette.

Titanium White

Lemon Yellow or Cadmium Yellow Light

Indian Yellow

Cadmium Yellow

Permanent Rose or Quinacridone Rose

Quinacridone Scarlet

Cadmium Red Light

Manganese Blue

Cerulean Blue

Ultramarine Blue Light

BRUSHES—bring your favorites—these are mine:

- I use bristle brushes: flats, brights and filberts, from size 2 to 8 (+ size 10 for larger canvases) and a few Winsor Newton Monarch flats and brights in a variety of sizes including a round, size 1 or 2 for signature.

SUPPORT

- I suggest that you use stretched canvas, archival canvas board or gessoed hardboard. 12x16 is probably the largest size comfortable in a class or workshop setting. I usually demonstrate on 8x10, 11x14 or 12x12, sometimes as large as 16x20.

MISCELLANEOUS MATERIALS AND EQUIPMENT

- Odorless mineral spirits (if you use water mixable oils, plain water is OK though I still prefer mineral spirits)
- “Lean Medium” = 2 parts OMS mixed with 1 part alkyd medium such as Galkyd
- Two containers for the mineral spirits—I use a Silicoil Tank or a 10 oz. sealable pot for use while painting and an 18 oz. plastic peanut butter jar for the used spirits
- Palette—I use a disposable paper palette pad or glass palette placed in a Masterson plastic palette
- Palette/painting knives: I use two trowel type knives, one about 1" long and one about 3" long
- Apron
- White facial tissues and/or rags
- Disposable latex gloves—OPTIONAL (I use them every time I paint with oils.)
- Sketch book, 6x8 is fine—along with pencils and sharpener
- Small Fredrix real canvas tablet for studies and exercises
- Small table easel for classrooms without easels

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EXPANDED PALETTE OF COLORS

I'm currently using mostly Holbein DUO Aqua Oils (some exceptions are noted). It's important to note that I never use ALL of these colors in one painting—in class I use ONLY SOME of the following and I'm never sure exactly which colors I will use. I do NOT recommend that you go out and buy all these colors! My most basic “must haves” are in the “top 13” list – are separated into opaque and transparent – and is also my plein air palette.

TRANSPARENT

Lemon Yellow
 Indian Yellow (previously called “Marigold”)
 Quinacridone Scarlet
 Mauve
 Ultramarine Blue Light
 Manganese Blue Nova

OPAQUE

Titanium White
 Naples Yellow (or Naples Yellow Light)
 Jaune Brillant
 Flesh (Lukas Berlin water-mixable oil)
 Lilac
 Lavender
 Cerulean Blue

Grey of Grey (handy for plein air painting)
 Cadmium Yellow Light Hue (previously called “Light Yellow”)
 Cadmium Yellow Hue (previously called “Yellow”)
 Cadmium Yellow Deep Hue (previously called “Deep Yellow”)
 Chinese Orange (Sennelier traditional oil)
 Cadmium Orange
 Flesh (Lukas Berlin water-mixable oil)
 Cadmium Red Light
 Coral Red (previously called “Coral”)
 Purple Lake (Winsor Newton Griffin Alkyd)
 Light Magenta
 Horizon Blue
 Cobalt Green Light or Deep
 Ice Green

During the time I was writing *Brilliant Color*, Holbein discontinued some of my favorite colors. I have tried to list only colors that are available as of this writing - and as far as I know. For the colors whose color remains the same but names changed, the previous names are shown in parentheses.

Yes—you can use water mixable oils along with your regular oils. HK Holbein Inc. states: “Basically no restrictions except traditional oil color should not be blended to a proportion of more than 30% if tools are to be cleaned up with water.” Since I use mineral spirits for studio painting, I don't have to worry. NOTE: when painting en plein air, I usually do just use the DUO and water with a drop of liquid soap mixed in.

HERE ARE SOME RECIPES TO MIX APPROXIMATIONS OF USEFUL COLORS:

Purple Lake = Indian Yellow + Mauve
 Brown Pink (formerly called Caramel) = Indian Yellow + Mauve
 (the ratio of Indian Yellow to Mauve are adjusted a bit differently for each of the above)
 Warm Cobalt Violet = Mauve + Lilac
 Cool Cobalt Violet = Mauve + Lavender
 A very handy color called Yellow Grey was discontinued. Here are 2 recipes for that color:
 Yellow Grey (warmer version) = Grey of Grey + Cadmium Yellow Deep Hue
 Yellow Grey (cooler version) = Grey of Grey + Cadmium Yellow Hue