

Supply list for Alla Prima Thick Oils Workshop - Sara Oakley

Call or text Sara at 770-530-1000 if you have questions, and please do not allow an uninformed sales clerk to substitute items. I order online, supplies arrive fast and shipping is cheap. The oil paint specified is sold only by Dick Blick, www.dickblick.com.

Bring the oils you have, but check them first for viability. If they are too hard or any of the lowest brands like Artist's Loft or Reeves, they won't work. On the other hand, this workshop will use lots of paint, so if you typically use nice brands, you might want to bring them but consider buying this recommended brand, just because they are good but very economical.

I use Blick Studio Oils almost exclusively, because although they are very affordable, they also do a good job in the areas of clean color and consistent texture. The 38ml tubes (a good size for your colors) are \$3.59, and the large tubes (225ml, buy white in this size) are \$10.45. To give you an idea, if you bought the recommended list below, which includes 8 Blick Studio colors plus a large tube of white, 1 Gamblin color, a palette knife and the painting medium, your bill if ordered online from dickblick.com, would be \$58.48. You will see that I am recommending a warm and a cool of each primary, plus 2 darks & white. Use this info if you are bringing different brands of paint.

PAINT:

Dick Blick **Studio** Oils (do not buy their much more expensive artist's grade oils)

IN 38ML TUBES UNLESS YOU JUST WANT LARGER ONES

REDS: Primary Magenta, Cadmium Red Hue

YELLOWS: Lemon Yellow, Cadmium Yellow Deep

BLUES: Ultramarine Blue, Pthalo Blue (this brand doesn't differentiate between red shade or green shade, but if you are bringing your own brand, the color I'm looking for is green shade)

DARKS: Burnt Umber, Ivory Black

225ML SIZE, Titanium White

In either Gamblin brand or Winsor Newton, Indian Yellow, 37ML size will last a long time, as this color is used transparently.

OTHER ITEMS

- Chroma Archival Lean painting medium, 100ML is fine, I usually buy the 500ML. A trowel shaped painting knife, such as Liquitex small #1
- Add several canvases, because this style of painting is fast and free. You can expect to generate at least 5 paintings per day, and will probably recycle at least 2 of those for later use. I would suggest smaller sizes like 10x10, 12x12, 9x12, 8x10, 11x14. (16x20s and up will be too big, and until you get the hang of this style, you won't want to expend the paint .) Deeper edge, wrapped canvases are preferred. To get these home, either lay a towel down in your trunk, or bring a few clean pizza boxes.

Bring your palette or a pad of palette paper, paper towels, and a low odor thinner such as Gamsol, with a brush cleaning container. Paper towels, small sketchbook and pencil. As with the paint, bring the brushes you have. Buy new ones if you just want to. I prefer brights for this style, and use these approximate widths: ¼ inch (about 6mm) ½ inch (about 12mm) ¾ inch (about 19mm) and 1" (about 25mm). I don't specify brush numbers because different brands have different numbering systems. If you only have flat or filbert brushes, they will work but without the crisp control. My current favorite brushes are Royal & Langnickel Sabletek, sizes 8, 16, 32. Even the larger sizes are affordable, long handle is preferable. Bushy brushes, or soft watercolor brushes will not work well.

I'll bring plenty of simple references that will allow you to learn the technique without getting too involved in capturing a complex subject.