

Dawn Columbo has resided in North Georgia for the last 15 years. She has a BA in art therapy from Piedmont College and a MS in addiction counseling with a behavioral health emphasis. She completed a post-master's training in expressive arts therapy, and is in the process of becoming a Registered Expressive Arts Therapist. Dawn currently works with multiple age groups across various settings, including schools and community-based programs. She leads expressive arts workshops at local art centers and is an artist, herself.

Dawn believes that the process of making art can contribute to personal growth and to improving overall mood. Her work incorporates all forms of creativity—including visual artmaking, music, movement, creative writing, meditation, and mindfulness—as a holistic approach to mental health.

Dawn uses the expressive arts to help people find meaning based upon their own experiences and understanding.

Join in with Dawn's expressive arts classes for a creative, supportive, small group experience. All materials are provided, and no prior art experience is needed. Each session will have a central theme guided by Dawn, but open-ended ideas and individual creativity are also encouraged!