

Expressive Painting -- Enjoy the Ride – supply list

Drawing the correct shape is important when capturing the truth of the subject, so bring along some VINE CHARCOAL for preliminary sketching.

Bring 8 - 10 (better too many than too few) supports, either boards or stretched canvas, in a size you prefer, though I would suggest no larger than 20 x 16. You may choose to do several small ones, so bring 9 x 12, 12 x 12, or again, a small format that you like. I like painting on linen. Sometimes the clear gesso-primed linen (i.e. the color of flax, not white) from Senso or another source makes a nice background for figure studies.

You can also prime acrylic-gessoed boards with a light grey acrylic, i.e. Golden Neutral Grey, no. 7 or 8; this is not a requirement, but here is a link for the neutral grey

paint: <http://www.dickblick.com/items/00620-2473>.

On the second day, we will have a clothed model for 2 hours... Bring a **sketchbook or newspaper, with charcoal and/or a pen** – for some immediate gesture studies before we paint quick studies from life.

I use a limited palette, basically a warm and cool of each color. My palette is Cadmium Lemon*, Cadmium Yellow Medium, Cadmium red medium*, Quinacridone Red (alizarin ok too), Ultramarine Blue* and Cerulean Blue (Cerulean blue hue is ok as well), and Titanium White. I mostly use Gamblin paints, but I like Utrecht and some Lukas 1862. (* are the basic three, plus white).

Flesh tones are best created from the three primaries (red, yellow and blue). Flesh tones vary from one subject to another, but combos of the basic three will give plenty of variety. A good trio if you have these colors, can be cad red light, yellow ochre, and white.

Bring at least one larger brush (10 or 12) as well as others you choose. I like Silver Brush Bristlon brights, or **Rosemary Brush Ivory series**, long flats. A # 6 Egbert, in the Rosemary Ivory brush, is a fun one to have for sketchy doodling marks.

There is a Nancy Franke Brush set available in U.S. from www.windriverarts.com; check it out if you are interested.

Bring your easel - unless you have confirmed with workshop provider that they have easels for students - along with odorless solvent, paper towels, trash bag, palette (if paper, use **grey**, not white).

IMPORTANT: Remember to bring reference material (from personal photos or any source), and one or two objects that inspire you.