

## Supply List for Fast, Loose and Bold Painting Workshop

I will be working with acrylics because of the fast dry time, but you can work in oils if you prefer. If you work in oils, please bring the colors listed below, or their equivalent, plus mediums and odorless turps.

The colors preceded by an "X" are required. The others are optional but useful.

### COLORS:

Paint Colors:

- X Quinacridone Magenta
- X Cadmium Red Light
- X Yellow Ochre
- X Cadmium Yellow Light or Medium
- X Phthalo Blue (green shade) OR Manganese Blue
- X Ultramarine Blue
- X Titanium White (large tube)
- X Burnt Umber

X ALL students - both oil and acrylic painters must bring these ACRYLIC paints:  
a small tube of Black, Titanium White, and Golden #6 Neutral Grey paint  
(The grey must be Golden brand)

Optional colors: Cadmium Orange, Dioxazine Purple, Alizarin Crimson, Cadmium Red Medium, Sap Green, Green Gold, Burnt Sienna, Medium Gray (and any other colors you like to use)

### PAINTS:

I use Golden Heavy Body Acrylic paints - they are an excellent quality professional grade paint. You can buy student grade acrylic paints, which are much less expensive, but they dry dull and more transparent because there is less pigment in the paint.

### PAINTING SUBJECTS:

For all of the exercises you will be working from my photos (pdf links will be supplied upon registration).

### Mediums:

Acrylic painters: Medium can be used in place of, or in addition to water as a medium. (This is optional). I use Golden "Polymer Medium"

Oil Painters: please bring a small bottle of Liquin.

### BRUSHES:

I suggest Nylon synthetic flats in varying sizes, from 1/4 " to 2" width. You can buy these brushes all in one pack from Michaels or AC Moore or Blick, they are not expensive.

Bring a few 2" wide synthetic nylon brushes. I use the type that come 3 sizes to a package, 1", 2" and 3". We will use the 1" and 2" sizes only.

Oil painters should use bristle brushes, not nylon.

Excellent quality brushes for acrylic AND oil painters is Princeton "Catalyst Polytip" Brushes. They have a wonderful spring and retain their shape after repeated use. I use flats, sizes : 2,4,6,10,12, 16. They come in all shapes, I prefer flats.

I use a thin script or liner brush for stems and small details.

Most important: Bring a spirit of adventure, experimentation and willingness to use paint and color courageously!



Princeton Catalyst Polytip

### SURFACES TO PAINT ON:

8x10" canvas boards, gessoed panels, or stretched canvases.

For each day of the workshop, bring at least (6) 8x10 canvasses or panels to paint on. Each day we will be doing 3 fast paintings, plus the exercises. You may not use them all but it is better to have too many canvasses than too few.

PALETTE: Please bring a disposable paper palette, no smaller than 12x16". Get the type that is a waxy paper, not the type that is regular absorbent paper. I use "Grey Matters" Grey Palette Paper by Jack Richeson Co.



### OTHER:

- one white canvasboard 8x10 for value chart
- A container for water (if you are using acrylics) or a holder for medium and turps (oil)
- A viewfinder - either store-bought or handmade. I use a "view catcher" to help with composition.
- a few 8x10 sheets of tracing paper
- A roll of paper towel, Viva is the best
- Sketch pad. approx. 5.5x8.5 or larger, for small "thumbnail" sketches I use Strathmore Toned Grey Paper
- A white pastel (if you are using toned grey paper)
- SOFT vine charcoal sticks
- Kneaded eraser
- Something to carry your wet OIL paintings (empty pizza boxes work well)
- A plastic bag for your trash and used paper towels

#### PAINTING FROM LIFE:

If the workshop is less than 4 days we will NOT be working from life.

If the workshop is 4 or 5 days and you want to work from life, on day 4 bring SIMPLE shaped, objects to paint - i.e. colored vases, apples, pears, slices of oranges, vegetables, flowers, bowls, teacups, etc. Solid colors are good, Clear, reflective glass or complex objects are not preferred.

OPTIONAL: bring a lamp (with 75-100 watt lightbulb) that will be used to light your subject . It should stand alone or clamp to a table. Gooseneck style is the best. A cheaper alternative is the clamp lights you can buy at Lowes/ Home Depot.

a 10' extension cord

colored fabric or paper that can be used as a surface or background to your prop.

a backdrop support: tape 2 or 3 pieces of mattboard or foam core together to create a backdrop "wall" for your still life.

If you choose to work from photos, no need to bring a light, ext. cord, fabric, backdrop, etc.