

Please note: since I put these lists together, Winsor Newton has put together cadmium free paints. I have found that these are my favorites. I am slowly replacing the cadmiums when I find one that works well. Otherwise I am replacing some traditional colors.

This is a suggested supply list for oils. You do not have to have all of these, and you can bring your own palette. I carry most/some of these on location. For those of you who would like to carry less, please see second list. I have listed what I use and the make of the oil paints, but you can choose to use your own brands.

## **Oil Painting Supply List #1**

Debra Nadelhoffer

### **Palette:**

Titanium White (any) I use M Graham rapid dry  
Yellow Ochre (any)  
Cadmium Yellow Pale or Cad Yellow Light cadmium free by W/N  
Cadmium Yellow Deep (WN) Cadmium free  
Indian Yellow (WN)  
Cadmium Orange  
Cad Red Light - replacing cadmium red light  
Permanent Rose replacing alizarin crimson  
Terra Rosa (WN)  
Transparent Oxide Red (Rem)  
Sevres Blue (Rem)  
French Ultramarine Blue (WN)  
Cobalt Violet Hue (winton) warm  
Viridian (REM)  
Umber Greenish (Rembrandt)  
Terre Vert – Earth green (Rembrandt)  
Extra sometime colors:  
Radiant Violet  
Radiant Green  
Naples Yellow Light (Rembrandt)

**Legend: (G)=Grumbacher (WN)=Winsor Newton; (Rem)=Rembrandt**

I have been working with Pthalo Green especially with water scenes. The transparents can help with ocean layins.

**I will add and take off colors trying them out so I might have other colors not listed here**

### **Mediums:**

Suggestions  
Galkyd or liquin  
Neo-Mglip

**Must have supplies and equipment for painting outside so bring what you can use for on location painting.**

**Turpenoid Odorless for solvent....dries faster for lay ins**

**Odorless Mineral spirits for painting with**

**Vegetable oil to wipe brushes clean or dawn to wash them**

**A small plastic container to wash out brushes if needed**

## **OIL PAINTING LIST #2 LIMITED PALETTE LIST**

For those of you who would like to bring fewer paints, please take a look at this list. You should bring 1 cool and 1 warm of each of the primaries plus white and viridian.

I suggest:

### **Reds:**

Cad Red Light	Warm
Permanent Rose	Cool

### **Blues:**

Sevres Blue (Rembrandt)	Warm
Ultramarine Blue	Cool

### **Yellows:**

Cadmium Yellow Deep	Warm
Cadmium Yellow Pale	Cool

### **Titanium White and Viridian**

Optional: Transparent Red Oxide, Yellow Ochre, Mauve Blue Shade

You can mix anything with these colors, I just like to move quickly when I am painting out of doors and like to have my full palette available.

### **Brushes:**

Bristle Brushes of different sizes assorted- Brights, filberts and Flats from 2-12, your choice

Round: 00

2 Script liner or rigger

### **Miscellaneous:**

Palette – wood, paper for oil paint, glass or acrylic-I use acrylic 12x16

Either Wisk or Dawn to clean brushes with

Container for Turpenoid or Gamsol and Liquin-need a good size to clean brushes

Paper Towels

Baby oil to rub into your brushes to keep them pliable instead of cleaning every day.

Grocery Plastic bags for trash on site

### **Painting Surfaces are your choice but here are some recommendations:**

Canvas or prepared boards to work on. Sizes up to 12x16

**Please bring 10-12 small boards to do quick studies on no bigger than 8x10**

Centurion Universal primed Boards in different sizes

Oil Sketches – Canvapaper by Canson or Arches oil paper pads or sheets to cut

Great to use for quick studies/sketchbook

Cut pieces of canvas or linen (must have a board to tape cut canvas to)

### **SUPPLIERS:**

- Jerrys ArtARama Centurion acrylic primed linen panels
- Source Tek [www.canvaspanels.com](http://www.canvaspanels.com) (mounted linen more expensive)
- Dick Blick local store or internet
- Binders

You can buy inexpensive canvas panels to paint on for class work. Some of the suppliers above are very expensive and others are not. Jerry's is the best deal going. I suggest less expensive for the studies we will be doing.

## **PLEIN AIR GEAR - SUGGESTIONS:**

These suggestions are for oils and pastels, some of the equipment is only for oil painters (eg. brushwasher, etc), but for the most part are pretty generic for different mediums.

**PLEASE NOTE: NO SOLVENTS OR MEDIUMS CAN BE CHECKED OR CARRIED ON TO AIRPLANES. THESE MUST BE PURCHASED AT FINAL LOCATION. RES-N-GEL BY WEBER IS SAFE TO SHIP TO YOUR LOCATION AND GAMBLIN HAS A SOLVENT FREE MEDIUM IN A TUBE AND IN A BOTTLE.**

### **Easels:**

**Dakota Pastels** [www.dakotapastels.com](http://www.dakotapastels.com) - Tripod Field Easel, not the big one, smaller one. This easel is good for either oils or pastels. You can use Richeson French Companion as a palette. You can use this for both oils and pastels. I think this is a great combination for plein air price-wise.

**Easy L-** Various sizes of pochade and traveling paint boxes-set includes a good tripod  
**Strada Easels** [www.stradaeasel.com](http://www.stradaeasel.com) Various sizes of pochade and traveling paint boxes and tripods I currently have the mini.

**Judsons Outfitters-** Various sizes of pochade and traveling paint boxes

**Jerry's Artarama and New Wave art-** UGO Plein Air box –an good affordable set up

You will need a backpack, brush carrier, small Metal Airtight brush washer (Hobby Lobby), Paper towels, sketch pad and pencil, S hooks from Home depot to hang things on your easel with usually 3 in a package, MSR fuel bottle ( a safe camp fuel carrier) with CRP cap (REI or camping stores), sunscreen, bug spray, water to drink, hat, folding seat if you sit to paint, Camera, small viewfinder, rolling cart to move your gear around if you feel you need it. They make rolling backpacks that are good, or there are rolling tool kits at Home Depot. I like the rolling tool kit as it is tough but heavy. A Paint Carrier from Amazon is a good tool for packing tubes of paint Remember, light weight and portable is the key for all of this. Umbrellas are good but are totally useless in the wind. .

Most artists who paint plein air have their own set ups which they pull together over years of experimentation, so you will have to decide what you like as you use your equipment. There are many books that include suggestions on gear for plein air painting, but the ones I like best are:

**Landscape Inside and Out by Kevin McPhearson**

**Oil Painters Solution Book by Elizabeth Tolley**

**Carlson's Guide to Outdoor Painting**

Bring trash bags, usually grocery store bags work great.

Please bring a large piece of plastic or tarp to put under your easel if we paint inside to cover the floor.

## PASTEL SUPPLIES FOR DEBRA NADELHOFFER

Please note that this is a list of the supplies and suppliers that I use. It is in no way a complete listing of all supplies or suppliers. Please bring a cheap bristle brush (home depot has various sizes in packages but 1"-2" good size) and a jar for washes. Paper towels needed. These supplies are listed for you to choose from.

### PAPERS: (Bring a backing board and tape for mounting papers)

- **UART** Sanded, archival. Will take water, turp, alcohol with no problem and does not buckle. Works great with underpainting. Comes in a variety of sizes and grits. Check Dakota Art Pastels to purchase-my favorite and preferred
- **Art Spectrum**
- **Lux Archival**
- **La Carte Pastel Card-no liquid on this at all**
- **Kitty Wallace If you can find it...sanded**
- **Canson Mi Teintes sheets or boards available...**

Glassine is suggested to put between completed paintings for transporting  
Denatured Alcohol or Turp for washes

### PASTELS-your choice

- Hard: Nu Pastels, Creta Color, 72 stick set; or Faber Castel Poly Chromos or Richeson Square pastels, semi hard at least 24 or more
- Medium to medium hard: Rembrandt or Winsor Newton –landscape assortment
- Soft:Diane Townsend, Unison, Sennelier, Terry Ludwig, Schmincke, or others that you have **SUGGESTED TO BUY FOR SOFT SET: Sennelier large set (approx 80) 1/2 stick set-new plein air set of 80 half sticks**

### FIXATIVES-your choice

- Krylon Crystal Clear-heavier
- Lascaux workable fixative
- Any other workable fixative

### SUPPLIERS

- Dakota 1-888-345-0067 [www.dakotapastels.com](http://www.dakotapastels.com)
- Terry Ludwig Pastels [customerservice@terryludwig.com](mailto:customerservice@terryludwig.com) or [www.terryludwig.com](http://www.terryludwig.com)
- Jerrys Artarama
- Dick Blick